

Hopewell Avenue Public School Message – September 8th, 2023



Dear Hopewell Families,

We have just finished our first week of school! This was a week that included lots of new learning, new routines, re-connecting with friends and classmates and making new connections with new friends and classmates. A huge shout out to our students for being amazing. Their energy and excitement has been wonderful. They have adapted quickly to their new routines and classes - for many there have been moves to new floors of the school, new school yards and of course, new educator teams. We are off to a great start!

On Wednesday we held three welcome assemblies for our Primary, Junior and Intermediate students. Our focus was on our [community of character](#) along with some key messages about the coming school year. Some students may have come home and shared that we have encouraged them to make mistakes. We can verify that this is correct. Making mistakes is part of learning. As a school community (students and adults) we are reminded to add the “YET” after “I can’t do this...” or “I don’t understand this...”.

Thank you for returning all of the paperwork backpacked home on Tuesday. There is an option to complete the Appropriate Use of Technology Agreement, Media Permission Form and Concussion Form online. The links are here:

- [Appropriate Use of Technology Agreement](#)
- [Concussion Code of Conduct \(Parents/Guardians\)](#)
- [Media Permission Form](#)

In the coming weeks we will be sharing details of club and sports opportunities for students and aim to maintain a calendar on our website to keep families informed. Stay tuned for that!

Our school milk program is starting at the end of the month. See below for more details and how to order milk for your child.

Next Thursday, September 14th, we are hosting our Meet the Team/Curriculum Night. Details are below and we have provided you with a sneak peek into our halls in the photos at the end of this message through our #HAPShots section of our weekly communication.

Safety is always a priority. With this in mind, we encourage you to review the following resources to ensure that your child’s journey to and from school is as safe as possible: [Streetproofing Tips](#) and Ottawa Safety Council’s [WalkSafe](#) and [CycleSafe](#) resources.

Thank you, as always, for your partnership. We look forward to working with you this year!

Wishing you a wonderful weekend! Bonne fin de semaine!

Sincerely,

Martina Sherwood & Sandy Miller
Principal & Vice-Principal

X: @HopewellAvePS

Instagram: @HopewellAvePS



UPCOMING DATES

Thursday, September 14th - Meet the Team/Curriculum Night - details below
Tuesday, September 19th, 7pm - School Council Meeting in Hopewell Library
Friday, October 6th - PA Day, no school for students
Monday, October 9th - Thanksgiving, school is closed

SCHOOL NEWS

Meet The Team/Curriculum Night



We will be holding our Meet The School Team / Curriculum Information Night on Thursday, September 14th. We hope you are able to attend and learn about the exciting program that will be in place for your child(ren) in the coming year.

The evening will be divided into two parts with two sessions in each part. We hope this format will provide families with multiple children to have the opportunity to attend a session for each child.

The first part of the evening is for parents/guardians of Kindergarten/Primary (grades 1 to 3) students and the second part is for parents/guardians of Junior (grades 4 to 6) and Intermediate students (grades 7 and 8).

Our Learning Support Team will be available to answer any questions you may have about special education. Members of our School Council will also be on site and look forward to enticing you with ways to be involved!

The schedule is as follows:

Kindergarten and Primary (Grades 1 to 3)

5:00pm – 5:30pm – Session One

5:30pm – 6:00pm – Session Two

Junior (Grades 4 to 6) and Intermediate (Grades 7 & 8)

6:00pm – 6:30pm – Session One

6:30pm – 7:00pm – Session Two

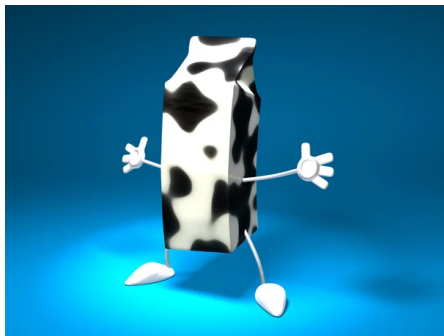
Please note, this evening is designed for parents/guardians and childcare is not available. As you are already aware, parking is very limited around our school. We recommend walking or parking on neighbouring streets where parking is permitted.

Intermediate News

Welcome back to our Intermediate students! The Grade 7s and 8s have hit the ground running and are already expressing an interest in all things extra-curricular. Our clubs and teams are starting up and we encourage Intermediate students to stay tuned to the daily announcements, visit the [Intermediate Page](#), or our new [HOSSS](#) (Hopewell One Stop Student Shop) to find all the information they need. Start up information about Art Club, volunteering for announcements, Sports Leadership Club, Senior and Jazz Band and this year's musical has already been announced. It's never too late to get involved!

Students are also reminded to connect with a staff member if they have a passion or interest that is not already reflected in a club or team and we will work together to see if it's a possibility.

Milk Program



The Hopewell milk program will be running again this school year. Students will have a choice of ordering 2% white milk or chocolate milk. Milk will be delivered during the first nutrition break, for all students whose parent/guardian has placed an order.

Orders and payment will be collected twice this school year. The cost of the milk will be 80 cents each and this cost will be multiplied by the number of school days in each term as per the schedule below.

The first term milk delivery will begin on **Monday, September 25th** and end on **Wednesday, January 31st**

The cost will be 78 days at 80 cents = **\$62.40**

****A second order form will go home in January 2024 for the second term****

Payments and orders may be made through [SchoolCash Online](#). Orders will be accepted up to and including **Friday, September 15th**.

If you have any questions or need support to join the program, please reach out to Mme Miller - Sandra.Miller@ocdsb.ca

A MESSAGE FROM OUR HOPEWELL AVENUE PUBLIC SCHOOL COUNCIL

Hello wonderful Hopewell community -

With everyone "back to School", School Council is also back. It is a great opportunity to say Thanks to everyone who stepped up last year in supporting the School Council in our many activities and events.



Are you interested in joining the School Council activities (again) this new school year? Lots of information on School Council in our [Welcome Letter](#) (sent out as part of the general school info-package), and here some specific opportunities:

- *School Council Volunteers:* [add your name](#) to our volunteer-lists and engage neighbours, friends and Hopewell parents to join this upcoming year for Pizza Day/ Lunch, Events (Ski/Skate sale coming up in October) etc.
- *School Council Members:* consider a Member role, representative or committee function as part of Council in 2023/24
- *Elected Council positions (Co-Chairs, Treasurer, Secretary)* learn more about [Executive Nominations](#) and [Vacancies](#) for 23/24. Nominations need to be submitted to Principal Martina Sherwood by Friday 15 September 2023

You are welcome to join our *School Council meeting, Tuesday 19 Sept, 7:00-9:00pm in the Hopewell Library*. This meeting will be the last as Council 2022/23, and the start of the new Council 2023/24. If interested, let me know and I will send you a separate invitation with agenda details, etc.

School Council will have a table set up during the Parent-Teacher night on Thursday 14 September, where you can register for volunteering and share any ideas/ thoughts.

Find more information on our [School Council website](#), [Facebook page](#) or contact us by email: sc-hopewellaveps@ocdsb.ca.

Looking forward to collaborating with many of you this upcoming School Year.

Petra Heitkamp, Chair, Hopewell Ave PS School Council

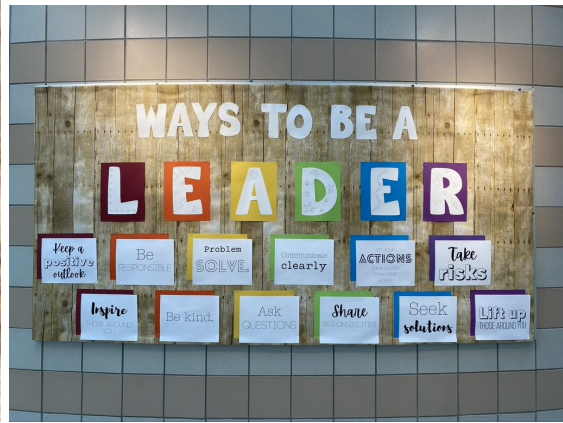


#HAPShots

A little glimpse of what we've been up to this week!







DISTRICT NEWS

Indigenous Student Resource Newsletter

Kwe! Aanii! Boozhoo! Taanshi!
Wachiye! Aingai! She:kon! Hello! Bonjour!

[This newsletter](#) is being shared by the Indigenous Education Learning Team at the Ottawa-Carleton District School Board. This newsletter provides bi-weekly updates of community events and opportunities for students, parents & guardians.

OCDSB Speaker Series Presents Journeying Together: Parenting Through the Storm with Ann Douglas



Join the OCDSB and guest speaker Ann Douglas on Tuesday, September 19th for *Journeying Together: Parenting Through the Storm*. The past few years have been an exceptionally challenging time to be a parent, and an exceptionally challenging time to be a kid. In this kind, encouraging, and story-rich workshop, Ann Douglas will share strategies for getting to a happy, healthy place as a family and strengthening relationships between parents/guardians and their children. This virtual event will support parents and guardians in learning to thrive as a family while weathering life's many storms. It will also share tips for parenting in a way caregivers can feel good about, help parents give themselves permission to be gloriously imperfect (and allow children to do the same), and support participants in seeing and celebrating the many strengths and gifts they and their children bring.

About the Speaker

Ann Douglas sparks conversations that matter about parenting and mental health. She is a frequent contributor to CBC Radio and a bestselling parenting book author. Ann is the creator of *The Mother of All Books* series and the author, most recently, of *Happy Parents, Happy Kids* and *Parenting Through the Storm*. A passionate and inspiring speaker, Ann delivers keynote addresses and leads small-group workshops at health, parenting, and education conferences across the country.

Event Date: Tuesday, September 19, 2023

Time: 6:00 p.m. - 7:30 p.m.

Format: Virtual.

[Register here.](#)

Student Accident Insurance

Creating a caring and safe environment for our students is our top priority. Unfortunately, despite all reasonable precautions being taken, accidents can still happen. Some injuries may result in medical, dental or other expenses that are not covered by provincial health care or employer group plans and caregivers become responsible for these expenses.

The OCDSB does not provide student accident insurance and encourages all caregivers to consider purchasing accident insurance or student accident insurance for incidents that may not be covered by the Ontario Health Insurance Plan (OHIP) or any additional medical plans they have.

Student accident insurance is available for purchase, on a voluntary basis. Caregivers may apply online at insuremykids.com or call 1-800-463-5437. The accident insurance coverage options range from \$17.00/year to \$33.00/year. All plans provide 24/7 coverage and a variety of important accident benefits (benefit limits differ based on plan selected). If you have any questions, please call Binks Insurance Brokers directly at 613-226-1350.